

OCTOBER 1961

MAGAZINE OF THE



NATIONAL SPASTICS SOCIETY

PRICE 6d

# SPASTICS NEWS





# NATIONAL SPASTICS SOCIETY CENTRES

## NATIONAL RESIDENTIAL CENTRES

### THE THOMAS DELARUE SCHOOL

Dene Park, Tonbridge, Kent.  
Telephone: Tonbridge 3859.  
Headmaster:  
H. B. Davies, Esq., M.B.E., B.Sc.(Econ.).  
Chairman of the Board of Governors:  
Douglas Delarue, Esq., J.P.  
Secondary Modern and Grammar Education for Spastics of 11 years and over.  
Accommodation 66.

### IRTON HALL SCHOOL

Holmrook, Cumberland.  
Telephone: Holmrook 242.  
Headmaster:  
A. Lubran, Esq., M.R.S.T., A.A.O.T.  
Chairman of the Management Committee:  
J. D. Herd, Esq.  
Education for Spastics reputed to be below average intelligence.  
Accommodation: 34.

### THE "SHERRARDS" TRAINING CENTRE

Digswell Hill, Welwyn, Herts.  
Telephone: Welwyn Garden 2125.  
Principal: E. L. Knight, Esq.  
Chairman of the Management Committee:  
The Hon. Lady Bowes Lyon.  
Vocational Training Centre for young adult Spastics.  
Accommodation: 31.

### THE CRAIG-Y-PARC SCHOOL

Penttyrch, Nr. Cardiff.  
Telephone: Penttyrch 397.  
Headmistress:  
Mrs. C. M. Kearslake.  
Chairman of the Management Committee:  
Miss M. B. Jowett, M.B.E.  
Primary Education for Spastics between 5 and 16 years.  
Accommodation 49.

### HAWKSWORTH HALL

Guiseley, Leeds, Yorks.  
Telephone: Guiseley 2914.  
Principal: J. D. Johnson, Esq.  
Assessment Centre for Spastic children between 5 and 13 years.  
Accommodation: 24.

### DARESBUY HALL RESIDENTIAL CENTRE

Daresbury, Nr. Warrington, Lancs.  
Telephone: Moore 359.  
Warden: F. W. Bellman, Esq.  
Chairman of the Management Committee:  
George Evans, Esq.  
Residential Centre for Male Spastics aged from 16 to 35 years.  
Accommodation: 26.

### THE WILFRED PICKLES' SCHOOL

Tixover Grange, Duddington, Nr. Stamford.  
Telephone: Duddington 212.  
Headmaster:  
R. A. Pedder, Esq.  
Chairman of the Management Committee:  
Eric Smith, Esq.  
Primary Education for Spastics between 5 and 16 years.  
Accommodation: 60, 12 Day Pupils.

### COOMBE FARM RESIDENTIAL CENTRE

Oaks Road, Croydon, Surrey.  
Telephone: Addiscombe 2310.  
Warden: F. W. Bowyer, Esq., M.A.  
Chairman of the Management Committee:  
R. Meek, Esq.  
Residential Centre for Spastics aged from 16 to 25 years. Accommodation: 41.

### PRESTED HALL & THE GRANGE

Feering, Kelvedon, Essex.  
Telephone: Kelvedon 482.  
Warden: J. H. Watson, Esq.  
Chairman of the Management Committee:  
Miss Mary Ruck, R.R.C.  
Residential Centre for Spastics aged from 25 to 40 years. Accommodation: 31.

### THE GRANGE:

High Street, Kelvedon.  
Accommodates 13 Spastics over the age of 40 years.

### NATIONAL HOLIDAY HOTELS

#### ARUNDEL PRIVATE HOTEL

23, The Leas, Westcliff-on-Sea.  
Telephone: Southend 476351.  
Manageress: Miss M. Burden.  
Chairman of the Management Committee:  
H. F. Savage, Esq., J.P.  
Hotel for Spastics and accompanying relatives or friends. Accommodation: 19.  
Write to Manageress for bookings.

### S.O.S. HOLIDAY HOTEL FOR SPASTIC CHILDREN

Colwall Court, Bexhill.  
Telephone: Bexhill 1491.  
Manager: F. E. Chappell, Esq.  
Chairman of the Management Committee:  
David Jacobs, Esq.  
Accommodation: 23.

## LOCAL CENTRES AND CLINICS

In close co-operation with Local Authorities and/or Hospital Management Committees, the following Groups provide or assist special schools and/or treatment centres:

Hull	Pontefract
Isle of Wight	Portsmouth
Northampton	Reading
Nottingham	Southend-on-Sea
Oxford	Teeside

Working independently, the following Groups have set up special schools or treatment centres:

Birkenhead	Leicester
Bolton	Plymouth
Cheltenham	Stockport

Operating entirely by voluntary contributions, the following Groups have treatment centres with or without nursery

classes. Some of these centres operate every day, others only part time:

Bedford	North Stafford (Stoke)
Bridgwater	Oldham
Chesterfield	Poole and Bournemouth
Croydon	Sale
Epping Forest	South West Middlesex
Gillingham	South West Surrey
Grimsby	Swansea
Ipswich	Urmston
Luton	Wycombe and District
Maidstone	York
North London	

The following Groups have, what might be termed, special occupation centres and, in some cases, treatment is available together with speech therapy:

Brighton	Ilford
Bristol	Scunthorpe
Cardiff	Southampton
Crewe	Southend
Dudley	

What might be termed Welfare Departments, mainly designed to assist older Spastics, are operated by the following:

Bradford	Nottingham
Halifax	Widnes
N.W. London	

Work centres, varying in scope, have been opened for adults by the following:

Bedford	Kingston-on-Thames
Croydon	N.W. Kent (Erith)
Central Middlesex	Stockport
Central Surrey	Swansea

Holiday homes are run by the following Groups:

Cumberland, Westmorland and Furness, at Allonby, Maryport; Hull at Bridlington.



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## FRONT COVER

### THE VIRTUOUS CIRCLE

**HIS WORK** is painting dolls. The dolls are miniature "Christines" which are affixed to spastics' collecting boxes. The boxes make the money which helps to subsidise his work centre; so that he can work. His work is painting dolls . . .

And so it goes on. If we could all help ourselves to help each other the world would become the happy place it was meant to be.

Let this young man keep at his job and others like him. The example set is good for us all.

This employee is one of seven spastics engaged at the Southampton Work Centre which is featured on pages 12 and 13.

#### Solution to September Crossword

ACROSS		DOWN	
1. Quiver	26. Canopus	1. and 27. Queer Street	
7. and 19. Treacle Well	27. Street	2. Italy	
8. Elapse		3. Elsie	
9. Imam		4. Trumpeter	
10. Rhymes		5. Dalmatian	
14. Ahab		6. Plaza Toro	
15. Inert		11. Helvetian	
16. Fled		12. Medallion	
17. Igor		13. Single out	
18. Argue		21. Adept	
19. Well		22. Drone	
20. Random		23. Might	
24. Lief			
25. Belong			

## FOR YOUR DIARY

**MR. WILLIAM HARGREAVES**, the Industrial Liaison Officer will be speaking at meetings in the following towns:

- October 2nd-13th. Assessment Course XI, Windmill House, Alvechurch, Birmingham.
- October 18. D.A.C. Meeting, High Wycombe.
- October 24th, 1 p.m. Rotary Club, Brierley Hill, Birmingham.
- October 25th, 8 p.m. Group Meeting, Dudley & District, School & Centre, Highfield Road, Dudley.
- October 28, 10 a.m. N.S.S. A.G.M.
- October 30th, 1 p.m. Rotary Club, Bournemouth.
- October 30th, evening. Bournemouth, Poole & District Spastic Society.

**MISS SHIRLEY KEENE**, the Society's Lecturer, has the following engagements (these bookings are subject to alteration):

- October 3rd. Assessment Course XI, Windmill House, nr. Alvechurch, Birmingham.
- October 4th, 10 a.m. Cheshire Teachers' Training College, Alsager, Staffs.
- October 5th, 7.45 p.m. The Friends of Spastics' Society in Hull & District, Public Meeting.

October 7th, 9.30 a.m. Refresher Course for Health Visitors, Royal College of Nursing, Henrietta Place, Cavendish Square, London, W.1.

October 9th, 6 p.m. Public Library, Art Gallery & Museum, Cheltenham, Glos. (Unconfirmed).

October 10th, 7.30 p.m. Young Wives' Group, Ottershaw, Walton-on-Thames.

October 13th, 8 p.m. Friday Forum, Chalk Farm Baptist Church. (Venue not known).

October 16th, 2.45 p.m. Church Sisterhood, Kenton Methodist Church, Kenton, Middx.  
8 p.m. Effingham Methodist Young Wives' Club, Effingham, Surrey.

October 17th, 2.45 p.m. Elburton Methodist Sisterhood, Elburton, nr. Plymouth.

October 18th, 8 p.m. Young Wives, St. Augustine's Church, Grove Park, London, E.11.

October 19th, 2.30 p.m. Meeting arranged by North-West Kent Group.

October 24th, 2.30 p.m. Women's Fellowship, Ruislip Manor, Middx.

October 26th, 3 p.m. Oakwood Secondary School, Chase Road, Southgate, N.14.

October 27th, 3.30 p.m. Second year students, Digby Stuart College, Roehampton, S.W.15.

October 28th, 2 p.m. Past students weekend Conference, Digby Stuart College, Roehampton, S.W.15.

October 31st, 2.45 p.m. Victoria Street Methodist Women's Guild, Dunstable, Beds.

November 7th, 12.45 p.m. Rotary Club of Dulwich, Crown and Greyhound Hotel, 73 Dulwich Village, Dulwich, S.E.21.

November 9th, 3 p.m. Hatch Beauchamp Women's Institute, Hatch Beauchamp, nr. Taunton, Somerset.

November 14th, 2.30 p.m. Lavender Hill Congregational Church Friendship Club, Stormont Hall, off Lavender Hill, Battersea, S.W.11.

7.30 p.m. Little Stonham Women's Institute, Magpie Café, Norwich Road, Stonham, Stowmarket, Suffolk.

November 15th, 8 p.m. The Parents' Association—The Cheyne Centre for Spastic Children, Cheyne Walk, S.W.1.

November 21st, 7.45 p.m. Wives' Club, R.A.F. Finningley, nr. Doncaster, Yorks.

November 28th, 8.15 p.m. Kingston and District Club, Nat. Fed. of Business and Professional Women's Clubs of Great Britain and Northern Ireland, Wheatsheaf Hotel, Market Place, Kingston, Surrey.



# NATIONAL SPASTICS SOCIETY

Registered in accordance with the National Assistance  
Act, 1948

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## NOW IS THE TIME

**T**IME flies—and Christmas will be here in just over two months.

Many weeks of careful preparation have brought to a state of readiness one of the Society's biggest ever campaigns. The target? To sell 4 million Christmas cards.

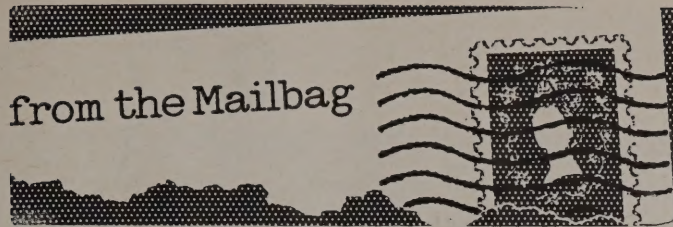
Competition is keen. Last month's front cover showed you just a few from the wide variety of our 1961 cards. There is something for every taste and pocket: the standard of design and quality is better than ever before: we offer excellent value.

We can and must hit our target of 4 million. But we can do this only with the help of Groups and individuals. Remember that each Group receives 33 $\frac{10}{3}$ % of its total sales and this campaign can mean more money for Group funds and the N.S.S.

Let's all take aim and hit the target. Now is the time!



from the Mailbag



## YOUTHS' ENTERPRISE ONE ...

Dear Editor,

I thought you would be interested in the following letter, which I received from a group of very young local supporters of this Society.

Dear Mr. Gant,

We are five children, who during our holidays built a little hut on some waste ground near our homes. We formed a small club and then thought we should like something to work for. After a few meetings it was decided to organise a fête in aid of spastic children.

We then started collecting things and arranged for our fête to be held on a Saturday on the grass round our hut. But the weather was not too good, and our school teacher kindly offered to meet the cost of hiring the village hall.

We sold jumble, produce, ornaments, books, and also had a bran tub, hoop-la, and refreshments. At the end of the afternoon we had a total of £28 18s. 6d., and a lady in the village kindly gave us the rest of the money to make a round £30, which we are very pleased to be able to send you. We should be very pleased if you could send us a receipt for the money so that we could put it in one of the shop windows for all those who helped to make our fête such a success to see.

Yours sincerely,

Jennifer Wright, aged 11.

Susan Peacock, aged 10.

Richard Wright, aged 10.

David Benard, aged 9.

Patricia Baker, aged 9.

T. A. GANT, Hon. Treasurer,  
Ipswich & East Suffolk Spastics Society.

## ... AND TWO

Dear Editor,

We wrote and acted two plays. Our friends and relations came to see them. We made ten shillings. We hope the children will like the money.

Yours sincerely,

ADRIAN VANDEN BERG, aged 10.

CHARLES INGHAM, aged 9.

[Evidently it is never too early to learn the meaning of generosity! Good for you, children!—Ed.]

## FAN FOR JOHN

Dear Editor,

I read with great interest your article on John Bundock in the July issue.

For the past 2½ years I have worked with him and have admired his beautiful work in photography—carried out regardless of his handicap. It makes me very glad to see that John is at last in the limelight.

Yours faithfully,  
DOROTHY NORMAN,  
Russell Square,  
London, W.C.1.

## WILLIAM TURNER CENTRE

Dear Editor,

May I through your columns try to confirm, to some extent, the good work that is being done at the William Turner Work training centre at Granville House. At the same time to express our most sincere thanks to all concerned there, most especially to Mrs. Parker, of whom one cannot speak too highly, for her most capable and understanding way with her trainees.

Having read the article in SPASTICS NEWS my daughter, Margaret, applied and was accepted for training as a Tickopres operator. She completed her training in 16 days, and obtained a situation at Macclesfield Pleating Co., where, at last, Margaret has found a most understanding employer in Mr. Tallock, who has also very kindly solved all her transport difficulties.

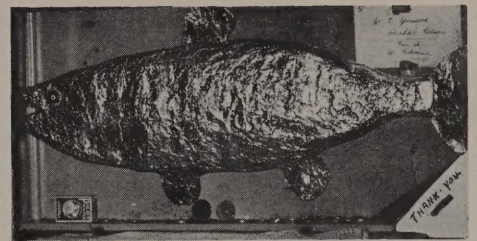
Yours sincerely,  
H. OAKES,  
Congleton,  
Cheshire.

## FINE FISH

Dear Editor,

Here is a photograph of the 4 lb. 2 ft. long chub made

Courtesy:  
Halifax  
Daily  
Courier



by me in silver paper which I thought your readers might like to see. As you know I make various items with this paper for raising money for spastics.

I am a 65-year-old ex-serviceman from Canada with no hobby except fishing. I became interested in spastics because a relation of mine has a spastic son.

I should also like to tell you a short story. One day I was helping a blind man across the road and took him to where he wanted to get to. As we were walking I said to him, "It must be very bad for people like yourself who are blind." "Yes," he replied, "but I am better off than those poor souls who are spastic." My first thoughts were, here is a blind man and myself a deaf man both having the same thought.

It is good that, no matter what, there is still room for other's troubles.

Yours sincerely,  
A. E. ANDREWS,  
Halifax, Yorks

*Yours ...*  
*for a better letter*

**'Harley' Bond**

a high quality  
notepaper

PADS FROM 10<sup>th</sup>  
ENVELOPES FROM 6<sup>th</sup>

MDN 1953



# COUNTRY WIDE *From our roving reporter*



*One of the most attractive floats we have seen for a long time, this florally decorated car drawing attention to the spastics' cause, deservedly won second prize in Broadstairs Carnival. The lucky entrants were the Isle of Thanet Group who had approached N.S.S. H.Q. for an idea. Well, we're just full of good ones here!*

## One Day Music Conference

For those who are interested in music, the Society for Music Therapy and Remedial Music are holding a one-day conference on music therapy in hospitals and hospital schools. Venue is the Royal Academy of Music, Marylebone Road, London, N.W.1. Date—Saturday, October 14, from 10 a.m. to 5 p.m. The fee is 7s. 6d. which will include a set of all the papers of the conference subsequently to be published. Lunch will be available. There will be a number of speakers and the programme will include two special sessions on: Music and Movement, and Music as an Adjunct to other Therapies.

For further information contact: Miss Juliette Alvin, R.M.T., Hon. Secretary, 6 Westbourne Park Road, London, W.2.

## NEWS FROM ABROAD

### South Africa

In the summer issue of the South African Cerebral Palsy Journal, written in both English and Afrikaans, a model of an N.S.S. "Christine" prominently placed on an exhibition stand caught our eye. The stand was set up by the National Cerebral Palsy Division of the National Council for the Care of Cripples and created a great deal of interest. Over 17,000 brochures were handed out and voluntary helpers from the parent/teacher associations of the Pretoria and Johannesburg C.P. schools dealt with many enquiries.

It's good to know that people in all parts of the world have the same aims and ideals that we have.

### Social Work Conference in Brazil

The Eleventh International Conference of Social Work will take place in Rio de Janeiro, Brazil, from August 19 to 25, 1962. The theme for the Conference will be *Rural Urban Community Development*. Further details are forthcoming.

### I.S.R.D. Conference in Stockholm

The International Society for the Rehabilitation of the Disabled Conference on the physically disabled and their environs will be held in Stockholm, Sweden, from October 12-18, 1961. It is understood that the results of some quite new and important studies in the rehabilitation field will be presented, including a new investigation into dwellings for invalids, and an investigation into community planning. Some films will also be screened for the first time.

Every participant is expected to make some contribution to the discussions at the conferences, and advance information about such contributions is required.

### B.C.W.S.—New Publications

Two more booklets have been produced by the British Council for the Welfare of Spastics entitled *Mentally Sub-normal Spastics* and *Spastic School Leavers—Employment?*

The first contains four addresses given at a conference held in London, December, 1960. It reviews the facts, describes two pioneer experiments in institution and community care and discusses the facilities which should be developed. The price is 4s. 6d.

The second has two addresses given at a conference held in London, December, 1960. Contents: Education for Life after School; From School to Work. It reviews some of the problems facing school leavers and the help which should be given at school and later. Price 1s. 6d.





Courtesy: Kidderminster Times

*A reminder that this traditional English sport is still a feature of the English country scene came when Huntsman K. Williams (centre) led a parade of the Albrighton Woodland foxhounds. This was part of the children's gymkhana held at Manor Farm, Stourport, when £110 was raised for the Kidderminster and District Spastics' Association. It is hoped to make the gymkhana an annual event.*

Both are obtainable from The Publications Secretary, British Council for the Welfare of Spastics, 13 Suffolk Street, Haymarket, London, S.W.1.

### Reader's Digest Awards

The Reader's Digest Foundation, in co-operation with the International Society for Rehabilitation of the Disabled, has established the *International Rehabilitation Awards* to promote rehabilitation programmes for the physically handicapped throughout the world. Two general awards of \$2,500 and \$1,500 and five regional awards of \$500 each will be presented to those organisations which have made the most substantial progress in creating and expanding rehabilitation programmes within their communities during the two-year period 1961-62. These seven Awards will be presented at the Ninth World Congress of the International Society in Copenhagen in June, 1963.

The Awards will be open to all societies, associations or professional groups concerned wholly or in part with the rehabilitation of the disabled, in any country of the world. Winners will be those organisations which have conceived and developed the best rehabilitation programmes within their own communities during the two-year period. These programmes may be in any field affecting the welfare of the disabled.

For further information and details of entry apply to the International Society for Rehabilitation of the Disabled, 701 First Avenue, New York 17, N.Y., U.S.A.

### Star Spangled Pubs

Those beacons, the four-foot high replicas of the flashing light standards at road crossings, which stand on pub counters are soon filled these days, it seems, with £100 worth of pennies. Our friends, the stars, have been kept busy visiting the pubs and receiving the money on behalf of the N.S.S. To date Frankie Howard, John Slater, Harry Secombe, Tommy Cooper and Wilfred Pickles have been using their "spare" time in this laudable way.

### Boston Concert Helps Spastics Fund

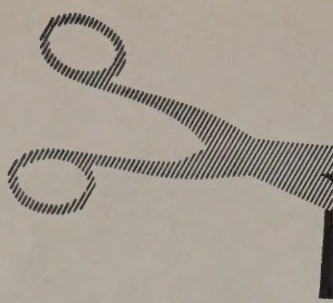
The Boston Concert Club produced an extra concert on September 21 in aid of the National Spastics Society, under the patronage of the Mayor and Mayoress of Boston. They engaged this year's winner of the National Federation of Music Societies Award for Young Concert Artists, John Barstow. The concert was a great success.



Photo: Ronald G. Oulds

*In an extremely glamorous hat suited to the 1906 veteran car in which she was travelling, Avril Angers was driven to this year's Arenashow at Sandgate Park, Storrington, run by the Chancetonbury Lions. Profits go to the N.S.S. and the programme included some daring acrobatics and many exciting features.*





...this con-  
lack of asce.  
capped after the as-  
of this Professor Mon-  
rt in the su-  
A working committee was ap-  
naire, after which professional  
to elect representatives to the  
place in the third week in March  
There will be a further mee-  
delegate from each country  
which will then have been colle-

## NEWS IN BRIEF

### Southend:

Hard work and excellent organisation made the newly-formed Southend Equestrian Club's first horse show and riding demonstrations a big success. Held at Rayleigh Weir Stadium recently, the event attracted a crowd of between 300 and 400 people and part of the proceeds have gone towards Southend-on-Sea and District Spastics Society. One of the most interesting events was a pony riding demonstration by six spastic children from the disabled trust at Harlow. The children showed walking, trotting and cantering and a variety of exercises designed to strengthen their limbs and muscles. Mrs. Jacques, who led the party, pointed out the tremendous benefits pony riding gave the children, teaching them relaxation and exercise. The club was formed two months ago and has 40 members.

*(Edited from Southend Standard.)*

### Stafford:

Hoping to start a spastic centre in Stafford, the Stafford and District Spastic Association has asked the town council to help find a site. So far plans are in the early stages. The secretary, Mr. J. Dougan, told a committee meeting, "We have over £1,800 in the bank. Although we do not know how big the centre will be, we know that it's very necessary. Spastics are taken care of by the education authorities until they're 16, but then they often feel at a loose end."

*(Edited from Staffordshire Advertiser.)*

### Cumberland:

Collection taken at Hillcrest, the Whitehaven Loop Road exhibition house of Messrs. J. and W. Robson, building contractors, realised over £85 and a cheque for this amount has been gratefully received by Mr. L. Stephenson, of Solway Villa, Allonby, secretary of Cumberland, Westmorland and Furness Spastics Society.

*(Edited from West Cumberland Times)*

### Crewe:

The re-opening, after the summer vacation, of the Crewe and District Spastics Society's Centre was a very happy occasion. The schoolroom had been redecorated by the kindness of the Round Table members. The Mayor and Mayoress were present and introducing them Ald. Frank Roberts, the society's chairman, referred to the kind interest they take in the society's activities. The Mayor said he had decided, with the help of his charity committee, to present the centre with a tape recorder. Later the party was entertained to a tea to celebrate the 21st birthday of Miss Cynthia Walton, one of the spastic members.

*(Edited from Crewe Chronicle.)*

### Poole:

Although the weather did not really help the first balloon race scheme of the Bournemouth, Poole and District Spastic

Society, committee members are quite pleased with results. Some 40,000 balloons flew up into the sky, but the society has to wait until nearly all the cards are in, before assessing the winners on the balloon-mileage performances.

*(Edited from Poole and Dorset Herald.)*

### Old Windsor:

For the third year in succession a holiday for 10 handicapped boys was arranged by the Catholic Handicapped Children's Fellowship at St. John's, Beaumont, Old Windsor. The boys, either spastic or polio victims, enjoyed a specialised form of ping-pong, cricket and soccer. Model yacht regattas on the swimming pool, model-making and playing the gramophone were interspersed with expeditions. The farm at Beaumont captured their interest—and one boy at least discovered where milk came from!

*(Edited from Catholic Herald.)*

### Barnsley:

A centre for spastic children and adolescents in Rotherham Road, Barnsley, has been completed after a building delay of nearly 12 months. The £9,000 centre, opened on October 1, should have been ready by the end of September last year. The centre will provide a nursery section and workshop facilities for adolescents. A management committee of ten made up of local doctors and businessmen hope to secure small contracts with local firms so that the young spastics will be able to occupy themselves and also earn a small wage. Mr. Geoffrey Walton, project secretary of the Barnsley branch, estimated it would need about £60 to £70 to pay the weekly running cost of the centre.

*(Edited from Sheffield Telegraph.)*

### Blackpool:

Margaret Edwards won the final race of her long career when she beat Carol Hussey by one-tenth of a second to win the Amateur Swimming Association's women's 110-yards backstroke title in 73.8 sec. at Blackpool. Poolside fans roared a mighty goodbye as they saw Margaret come skimming home. They knew that this was Margaret's last big-time race and that from now on all her spare time would be devoted to raising funds to build swimming pools for spastic children.

*(Edited from Daily Express.)*

### Sussex:

The Mayor of Hastings, Alderman C. Barfoot, opened the annual garden fête held by the Sussex Group of the N.S.S. in the grounds of Summer Fields, Hastings, recently. He said the secretary of the Sussex Group had told him about the great desire to open a permanent centre in East Sussex and asked his audience to support the group's efforts as generously as possible.

*(Edited from Sussex Express.)*



### **Dudley:**

At present Dudley and District Spastic Group provides schooling for 20 local spastics, but they are badly in need of a residential home for both children and adults who are left homeless or whose parents cannot look after them. The group has been raising money for the new home for two and a half years and had so far raised £4,000. If they can raise between £10,000 and £15,000 they hope to receive financial help from the N.S.S. "This home is badly needed," said Dr. Haldane, the Group's advisory member. "It all depends on the support of the general public who up to the present have been very generous." It was reported at the meeting that receipts from the flag day and house-to-house collection in Dudley would be in the region of £70.

*(Edited from Dudley Herald.)*

### **Ilford:**

Local spastics have their mini-bus at last. The bus, first of its kind in East London, was bought with money raised by the efforts of the supporters of the Ilford, Romford and District Spastics Association. £992 was raised by Mrs. C. McCaul, the secretary, from private appeals. Maudie Edwards, president of the association, handed over the keys recently to Mr. C. Crawshaw, chairman, together with a cheque for £50, given by Mr. Brian Gates, towards the cost of a luxury caravan, which the association hope to purchase in January. The caravan, will be used to provide holidays and transport facilities for both children and adults.

*(Edited from Ilford Recorder.)*

### **Bristol:**

In the Bristol Spastics Association's annual flag day and house-to-house collection, £1,291 was collected this year. This was the magnificent total from 800 collecting tins.

*(Edited from Bristol Evening Post.)*

### **Preston:**

Preston is soon to have a new four-unit centre for spastics, the outcome of awakening interest locally during the past few years. The Preston and District Group has already bought, for £3,000, a house in Moor Park Avenue so it can launch a £15,000 project which will provide a day-care unit for both physically and mentally handicapped children. A day nursery and assessment unit for handicapped children up to five years, a physiotherapy unit, and facilities for giving advice to parents of spastic children will be incorporated. It is hoped to be ready during the first quarter of next year. The honorary consultant paediatrician in charge will be Dr. D. G. Hesling, and there will be a visiting physician, a state-registered nurse as supervisor, teachers and house mothers. Children will receive daily care and treatment at Preston, but will visit Rodney House and the Duchess of York Babies' Hospital at Manchester for periodic examination and assessment. Already £7,500 has been raised in seven or eight years and everyone is confident that the urgency of their

cause will win the support of many people. There are 30 spastic children in the immediate Preston area of school age or under and already there is a waiting list of those whose parents are anxious for them to benefit by the new centre.

*(Edited from Lancashire Evening Post.)*

### **Limerick:**

Ald. G. E. Russell, T.D., at a recent meeting of the Limerick Health Authority, made a plea for a new spastics' clinic in Limerick. The meeting agreed to adjourn the matter to the next meeting.

*(Edited from Sunday Express.)*

### **Bedford:**

The centre run by Bedford and District Branch of the N.S.S. is now to be extended. A large new occupational therapy and occupational therapy departments. By trans-House provides accommodation for physiotherapy, speech therapy and occupational therapy departments. By transferring the occupational therapy department to the extension it will not only enable the occupational work to be widened, but also will release room in the existing house for extending the scope of the other two departments and will permit the commencement of an educational service. The Local Education Authority has agreed to allocate a teacher.

*(Edited from Bedfordshire Times.)*

### **Nottingham:**

The Wollaton Grange Gardening Club held their annual exhibition of early flowering chrysanthemums last month in aid of the local spastics' society.

*(Edited from Nottingham Evening Post.)*

### **Farnham:**

A successful garden fête was held at Ash Vale last month in aid of the local spastics' society. Opened by Mr. Sam Pollock, a freelance TV broadcaster, and attended by over 100 people, about £35 was raised.

*(Edited from Farnham Herald.)*

THERE ARE NO  
CRISPS  
TO EQUAL  
SMITH'S  
FOR QUALITY AND FLAVOUR



# HOW THE N.S.S. HELPS ITS GROUPS

by J. A. Loring, Assistant Director Services

**D**URING the present financial year it is expected that the National Spastics Society's help to local groups and societies will cost at least £200,000. Many local societies are not aware of all the services and types of help which are available, and others become aware so late that they sometimes find themselves at the end of the queue. What then are the principal forms of assistance which are offered?

It has been decided to produce a financial guide which will provide, in easily readable form, all the information that honorary officers of new groups and societies are likely to need. However, readers of the SPASTICS NEWS might also like to know what headquarters is doing to help and what services it can offer.

## Get Advice

In the formative stages it is important that a new group should draw fully upon the advice available in the departments of headquarters: much know-how has been acquired from practical experience, often obtained the hard way, over a period of eight or nine years. The Projects and Social Work Departments are available to advise on services to spastics, the Employment Department on problems of training and finding jobs, the Appeals Department on the techniques of fund raising, the Secretary's Office on constitutional and general administrative problems and the Treasurer's Department on financial matters and accountancy.

The Information Office is also available to advise on press and public relations. The Chief Regional Officer and the Regional Officers are the natural channels of communication for these enquiries in the early stages, but the Departments mentioned can be brought into play as soon as specialist advice is required.

Financial help is not usually given in the early stages of a group's existence, although sympathetic consideration will always be given to meeting the cost of a group's inaugural expenses, such as the cost of hiring a meeting place or of obtaining local professional advice, and small interest-free loans can be made in certain cases. Literature is also available

at this stage for distribution to the public at no cost to the group.

Once a group or society is firmly established, the advisory services of the National Society are still available and should be drawn on to the full. It is useless our building up a corpus of knowledge if it is not used. Many groups become financially solvent very early on, but no sooner are they solvent than they wish to push ahead and establish a permanent headquarters or, perhaps, hire rooms for use as clinics or work centres, or otherwise create an organisation which can provide for spastics.

The local financial resources may become inadequate, or may be strained to a point where the future of the local society becomes a source of grave worry to its Committee. At this point, or, one hopes, before this point is reached, the various forms of financial help come into play.

## Earners of Funds

For example, the National Beacon Scheme can be a good earner of funds for the local group. Beacons are placed and are "collected" nationally, but at least 50 per cent of the "takings" go to the local group. The exact amount varies from area to area, depending upon the cost of administration. Whilst decisions regarding the placing of Beacons must be made by the Appeals Department, they are very susceptible to prodding by local groups and are, of course, very keen to obtain the most lucrative sites for Beacons.

Help and advice can also be given by the Box Collectors' Department as regards the buying and placing of collecting boxes, and a percentage of national box collections in the group's area is paid to the group. Much can be lost by poor placing of boxes and something of an art has been evolved. Many local appeals officers would benefit from a day with the box supervisor.

When the stage is reached at which the group wishes to establish or extend a local centre, the Local Projects Dept. at headquarters should be consulted, and if the costs involved are likely to be substantial, there should be preliminary discussions with the treasurer. Generally speaking, the National Society will advance the whole of the cost of an approved local project, less the capital reserves of the society, plus one year's running expenses. However, before the National Society will help to meet a de-

mand of this sort, it must be convinced that the local society's fund-raising is on a sound long-term basis.

## Conditions

Grants by the National Society of £10,000 or more are subject to certain conditions. Perhaps the most important of these is that the group should elect a separate Management Committee for its centre which would be responsible through its own Executive Committee to the N.S.S. Executive Committee. This requirement is essential because of the importance of ensuring that the centre is managed by a committee which has the specialist advice necessary to maintain the Society's high standards, and will be efficient enough to qualify for any local government help which may be available.

There are other requirements, but these only come into play when more than £10,000 has been given. Below that figure the group is entitled to paddle its own canoe, although one would hope that it would be steered within the main stream of the national policy of the N.S.S.

Once a centre has been established and has been approved the National Society will pay up to one-third of its total running costs. Approximately three-quarters of this amount is payable in advance and the remainder is paid when the final audited accounts are received. Grants of this kind are made only towards the cost of the centre and not towards the general expenditure of the group.

## Never Enough

*As the N.S.S. grows, so must the funds and the services which it can make available to local groups and societies increase. However, it must be realised there will never be enough money to achieve all that we wish to achieve, and never enough time in which to do all that we would wish to do. It is therefore important that groups should work closely with the various headquarters departments and keep them in touch with the local developments. A sudden demand for a large sum of money, in no matter how worthy a cause, could throw out of gear the best planned financial programme, and may very well result in application being placed much farther down the list than it would have been if headquarters had been kept fully-informed.*





Courtesy: Western Mail and Echo Ltd.

*"Professor of the Sun!" Prof. Paul Polani and group in a very pleasant mood.*

## COURSE ON CEREBRAL PALSY for Wales and the West held at Craig-y-Parc School, Penttyrch

THE National Spastics Society's first regional course for teachers and therapists dealing with cerebral palsied children, was held at the Craig-y-Parc School during the last week of August and was attended by a very enthusiastic group of 80 people from all parts of Wales, Wiltshire, Devon and Cornwall, who were so keen to attend that they were prepared to give up one week of their August holiday for this.

The course was organised and directed by Mrs. C. M. Kearslake, the headmistress of the school. Many lectures from eminent specialists in cerebral palsy, drawn from all over the country, were carefully chosen to cover the angles of the work likely to be needing most advice for the cross-section group of teachers, physiotherapists, doctors and home tutors, selected to attend (not all applicants to the course were able to be included).

Sufficient time was allocated for group discussions so that there could be healthy interchange of views and opportunity to ask questions of the lecturers at the close of each session.

The course was marked by honesty and friendly candour in these discussions. The very informal and pleasant atmosphere prevailing, probably proved to be conducive to this.

Occasionally lectures in the afternoons were held out of doors on the lawns, an arrangement which appeared to please the lecturers as much as the group.

Several of the classrooms in the new classroom block were laid out with a display of classroom apparatus and therapy photographs, relevant text books as well as publishers' exhibitions of current reading material suitable for C.P. children.

On the fourth day of the course when it had been estimated that a break would probably be welcomed from the two lecture halls in use, visits took place to the Prince of Wales Orthopaedic Hospital a few miles away from the school, where the registrar Mr. H. Weisl, M.D., M.CH. (Orth.), S.C.C.S., gave a very interesting lecture followed by a tour of the hospital and a visit to the hospital school (permitted by Miss B. Salmon, headmistress and member of the Craig-y-Parc Management Committee).

The rest of the day was spent on visits to the Whitchurch Hospital, Cardiff, to see Encephalograph procedures in progress, by kind permission of J. P. Spillane, B.Sc., M.D., B.Ch., D.P.M., Physician Superintendent.

The course was opened by Miss M. B. Jowett, M.B.E., chairman of the Managers, and county director of the British

Red Cross, who introduced the surprise guest speaker, Miss M. McBride, H.M. Inspector of schools who is specially concerned with the education of the physically handicapped.

Miss Jowett, in her opening speech whilst stressing her great love and concern for the cerebral palsied child and her great interest in the work of the Craig-y-Parc School, took advantage of the moment to relate the problems of the cerebral palsied child and his family realistically and in the right proportion to the many other handicaps and afflictions of children in this country and abroad.

Miss Jowett felt that such a reminder would be salutary in helping the course members to bring a balanced outlook to the problems of the cerebral palsied child, and to his parents who often became too intense in their attitudes to the training and stages of progress reached.

A marked harmony existed between Miss Jowett's comments and those of Miss McBride, who during her address traced the history of the education of the physically handicapped children throughout the years, and presented the problems of the cerebral palsy group as one section (albeit a large one) of the handicapped world, a group in whom increased interest is shown and for whom increased



**A** RESOLUTE group of people striving for the rights of the spastics in their area is the Southampton & District Spastics Association. In other parts of the country similar groups are fortunate enough to have, notwithstanding the aid of the National Spastics Society, close co-operation and help from the local authorities, both educational and medical, and from the local inhabitants. Here, however, it has been discovered that the spastic problem is no-one's pet baby. Southampton cares for its old, its deaf, its blind and its orphan children, but spastics are left entirely to the care of one voluntary organisation.

Southampton being a national port with the incessant coming and going of ships does, however, give an opportunity for one section of society to contribute to the spastics' cause—the seamen themselves. The crew of one ship have deservedly given their name to the Association's Mauritania Work Centre.

This situation was described to me by someone in whom helping the spastics' cause lies deeply embedded. She is Mrs. Welch, the Association's organiser and administrator of the local centre, who became interested when she offered handicapped guiding to the children nearly 10

years ago. Mother of four children, most of whom are grown up and married, her entire family are so indoctrinated that they unhesitatingly give any help whenever called upon, and not a grumble was heard when mother did not turn up to cook the dinner!

Everything that could be done with the limited means has been done for young spastics in the area. Over 70 spastics of all ages enjoy social activities, education, treatment, or occupational instruction. The association provides many services. The *Speed-on-Youth Club* provides an outlet for the 12-30's. And as some 20 active young people also attend this club, its whole atmosphere is normal and invigorating. The *Good Companions Club* is for the 6-12's and constant outings are arranged as well as parties and holidays. This summer 20 young people spent a wonderful 10 days' holiday in Sandown, the journey by coach and steamer proving and exciting adventure. The day centre itself offers a nursery class for the 3-5's, a class for the 5-15's, and a special class for the over-16's. A qualified teacher is in attendance but facilities for remedial treatment are not at present available. However, they have quite a comprehensive curriculum, learning typing, cookery, woodwork and printing. In the printing class the students print note-paper with the customer's address and telephone number at a cost of 100 sheets for 8s. A useful idea which helps to swell the funds in a small way.

## SOUTHAMPTON SPASTICS

### The Mauritania

#### Co-op Divi

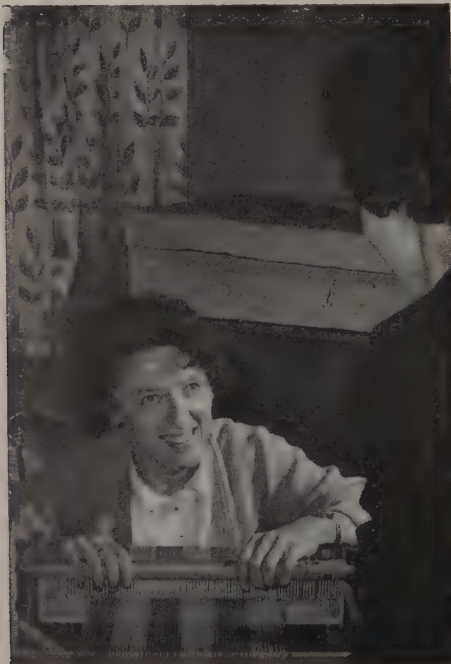
The Southampton Co-operative Society have given the Association the number of 80,000 so that anyone purchasing goods at a Co-operative store can give the dividend to the Association.

#### Mauritania Work Centre

In this article, however, we are not concentrating only on the spastics' day centre, as, at present, despite its good work since 1953 and its tremendous success with spastics, they are having some difficulty with permanently securing a site for enlarged premises. We shall cover another aspect.

In the Work Centre premature in its beginning, in a Nissen hut hidden behind a tiny local consumer shop standing in a street of terraced house suburbia, seven more boys have been absorbed into the country's labour force. Their rate of output may be slower and not as large as other members of the T.U.C., but they are working none the less.

*At the occupational centre a teenage girl confidently handles a loom.*



*Concentration at the work centre: sticking labels on N.S.S. collecting boxes*





# & DISTRICT SOCIATION

## Work Centre

Mr. A. W. F. Langdown, who with the group's chairman and some parents, organised the workshop and is now their part-time technical adviser, told me, "We wanted to prove that these lads can do a useful and efficient job of work." Set up with £1,000 raised voluntarily, Mr. Langdown, a chimney sweep by trade, arranged to leave his business for three months and was employed full-time by the group while the workshop was set on its feet. With help he constructed the workshop and built special machinery that was safe for the boys to use, in order to get the project under way.

"I taught them what to do," he told me, "and then left it up to them, and now they operate all the machines. Willing? I'll say they are, and careful—they are more cautious than I am." At present the boys are engaged on sub-contract work for a toy manufacturer, and are assembling dolls ironing boards and easels at a fair price for each. The work is not automatic but requires a

sharp eye and careful hand, and if they did not have those qualities to begin with they are certainly learning how to cope. Originally they made tea trolleys and bathroom stools just to prove that such work could be done, but the sub-contract work ordered from a Luton firm is a much better paying proposition. This firm can supply orders for garden furniture to make in the winter months ready for the summer, and toys in the summer. Enough work in fact to keep them going permanently. They also make N.S.S. collecting boxes.

Each boy in turn does a different job thereby acquiring as much experience as possible with the limited range available.

The trestle tables were made by the boys themselves and amongst the equipment they have acquired are tools with such unfamiliar names to the layman as a portable router which cuts patterns out of wood, a cross-cut saw, a planer, a spindle which rounds corners on wood, a mortisser which makes a hole to take the tenon which is a projection used in constructing furniture, a lathe and a standard industrial drill.

At the back of the Nissen hut is a small wooden shed built and erected by the boys themselves, positive proof of their ability and improvement.

### Desire to Work

What was comforting about the work shop was the close co-operation between the boys, and the way in which, although

they had several visitors looking round on the day of my visit, they did not make it an excuse to stop work or slack, but quietly went on with the job. These boys can give a lesson to some of their fellow workers in this country, some of whom have the reputation of being lazy, strike-happy and continually grumbling. I should like to extend an invitation to any number of these to visit the Nissen hut in South East Road, Sholing, and see how happy some people are to work!

"We should like to be self-supporting within 12 months," says Mr. George Jarvis, the full-time supervisor who was taken on nine months ago. "The boys are paid 10s. a week and we should like to be recognised by the Ministry."

### Eager to Expand

Adequate occupation is available for the number of youths employed but the Association well knows that there are more boys in the neighbourhood who would benefit from such activity. The Mauritania Work Centre has room for about 20 boys in the future, and they would dearly love to erect a hostel alongside the workshop.

A local short-stay home to give parents an occasional break is another cherished ideal of the group.

Why is expansion not possible? Here we come back again to the people of Southampton—more funds are needed. In addition a bigger workshop with bigger and better machinery is needed. At present it is specially fitted with experimental machinery to try out the boys' capabilities. Sufficient room is going to be the *biggest* headache. The Nissen hut belongs to the Chairman of the Association who is himself the father of a spastic.

*Has anyone in Southampton a large house or any land to offer this deserving group?*

### Friends of Spastics

To create further interest in the spastics' cause the Association is in the process of organising a Friends of Spastics Association, because, for the present, members of the Southampton & District Spastics Association itself are mainly parents of spastics and therefore do not have sufficient time to devote to the cause. With the Friends of Spastics it is hoped to supplement the work carried out by the present Association and give a well-needed boost to the fund-raising activities.

With this accomplished Southampton Association will feel it is giving of its best to the cause.

*... and assembling the toy easels*







## ASSESSMENT COURSE X

THE 10th Assessment Course run by the Employment Department of the N.S.S. was held at the Dame Hannah Rogers School at Ivybridge, Devon, by kind permission of the governors.

Miss Morgan and the Employment Department would like to thank the governors and the staff for their kindness and help in making their stay such an extremely happy one.

One of the highlights of the course was a round trip of the area, including Dartmoor and a special view of the impressive prison. When it was discovered, on the homeward journey, that one of the girls, Gwen, had been left behind, everyone was worried in case poor Gwen had been left at Princetown!

Last month we promised to show you just what the students and staff got up to on this course. Here the tale is told. In our efforts not to disappoint our readers we have managed to acquire these revealing photographs. Read from top left to right, then down:—

*Bank Holiday Monday meant sports day on Dartmoor. But no-one was excluded from the egg-and-spoon race. Would you say Miss Morgan was trying to help here?*

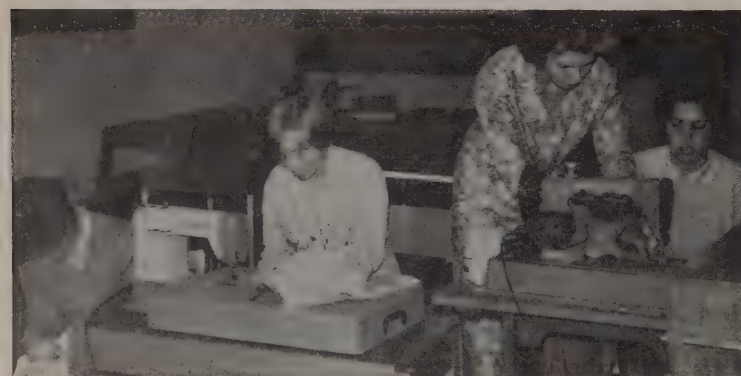
*Tug-o'-War—Need it be said that both sides won?*

*They called it a sack race—but please note that the competitors were cheating!*

*A picnic on the moor. It looks like a shambles, and it was. But the food—ah! That was different. It was first-class and provided by the school housekeeper.*

*Making aprons in a sewing class. (We were forced to put this one in.) Evidence that they did do some work? Well we'll concede that.*

*Yes, we weren't sure what they were doing either! Below: Looks like butter wouldn't melt in their mouths as they line up after church—but we know better . . .*





## COURSE FOR WALES AND THE WEST (Continued)

provision continues to be made by statutory bodies as well as charities like the N.S.S.

To the great benefit of the students Miss McBride stayed for the first two days of the course, dropping many "pearls of wisdom" to a group which listened intently to her every suggestion, and enjoyed the opportunity of discussing special angles of difficulty with their own particular problems.

The mid-week brought the arrival of Dr. M. Wilson, one of the Medical Officers of the Ministry of Education and well-known and revered by all who work in schools for C.P. children for her profound knowledge of all aspects of the work, and also for the great warmth of her understanding and concern for those who work patiently day-by-day to win more achievements for their pupils.

Dr. Wilson in an enlightening and realistic lecture dealt with many pertinent problems which beset the worker and are often totally avoided by many lecturers.

With much candour and humour, Dr. Wilson proceeded to probe the real practical issues at stake, stressing the need at

all times for a wholesome stocktaking of one's aims for the welfare of the whole child and his eventual well-being.

Again the group were afforded the invaluable opportunity to talk to Dr. Wilson informally during her one and a half day attendance at the course, an opportunity which was fully used and it was very apparent that Dr. Wilson was as personally popular as she was a font of knowledge.

But the lighter side of the course was not forgotten and social relief was provided by a mystery coach tour, visits by students in the school brakes to neighbouring seaside resorts and theatre visit to the Old Vic's production of the "Merchant of Venice" in Cardiff at mid-week.

In finalising the course Mrs. Kearslake complimented the 30 resident course members on the excellent team spirit and co-operation shown throughout their week in residence and also the whole group on their excellent response to the lectures and the very pleasant mutual pooling of viewpoints and findings which had made the course so beneficial to herself and the school staff.

After a week of being reinforced in

knowledge from the expertise of the medical and educational specialists it remained for each member to return to deal practically with the problems of their own pupils but above all with the whole and individual child, as opposed to consideration of handicap as Mrs. Kearslake stressed at the opening of the course in the quoting of a paragraph from the book "Cerebral Palsy, Advances in Understanding and Care" by Viola E. Cardwell, R.N., P.T., M.A.:—

*"It is important then in contemplating the child's total habilitation that attention should be directed first to the person who has cerebral palsy, and that he should be thought of primarily as a child with all a child's reactions and needs. Too often he becomes a stereotyped 'C.P.' as though he were a creature apart and wholly different from the rest of mankind, but being a 'C.P.' somehow indetical with all other 'C.P.'s. Each individual with cerebral palsy is a unique personality, having many characteristics common to all humanity, some common only to those with similar handicaps, and also a particular combination of assets and liabilities which makes him different from every other person—cerebral palsied or normal."*

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## THE ROYAL PAVILION, BRIGHTON

By G. Gordon Lister

ITS associations with outstanding figures in one of the most illustrious, important, and creative epochs in our great island story, make the Royal Pavilion, Brighton, a sacred shrine to British patriots and lovers of culture the world over.

The Prince Regent, later George IV, first went to Brighton when the celebrated Dr. Richard Russell recommended its sea bathing. But it was doubtless the presence of Mrs. Fitzherbert which endeared Brighthelmstone, as it was previously named, to His Royal Highness and to later generations. Memories of "Prinny" and his morganatic wife is one of many elements in the unfailing charm of Brighton.

To be near Mrs. Fitzherbert, the Prince caused to be built, on the site of an old farmhouse, a comparatively small residence which in those days commanded views of the sea, called the Marine Pavilion, completed in July 1781. This formed the nucleus of the present architectural fantasy known as the Royal Pavilion.

Usually, decorations are chosen to suit the edifice. With the Royal Pavilion the opposite was the case. In 1802 the Prince was given some rolls of Chinese wallpapers. This suggested the idea of a Chinese gallery in which these wallpapers could be displayed. Further building, which continued far into the 19th century, was on a Chinese pattern. The architecture and interior decoration marked the climax of a then prevailing passion for things Chinese. With the Pavilion it was clear that *Chinoiserie*, as it was called, could go no further. It therefore died a natural death for lack of imitators who must necessarily have fallen short of the nonpareil.

Later, owing to fuller realisation of the importance of our Indian Empire the Chinese became blended with Indian styles. This must surely have comforted nostalgic Indian soldiers invalided in the First World War who, Brighton is proud to recall, were given hospitality in the Royal Pavilion.

A mass of onion-shaped domes, tent-shaped spires, minarets, pierced stone-work screens, slender columns—such is

*This month G. Gordon Lister writes for "Women in Mind" of his visit to that "pepper pot palace" in Brighton. Some of his descriptions of the domestic life at the time will make most of us grateful that we live in an age when, if rushed, a packet of frozen foods and the handy use of the tin opener will provide a quick and tasty meal.*

our first glimpse of this truly remarkable structure which like most outstanding things has received praise and vilification in about equal proportions. Queen Victoria detested it and sold it to the Brighton Corporation for £50,000—a sum which the Corporation draws from it in profits every year.

At first sight the exterior and interior seem startling, even disturbing. The whole effect on closer acquaintance is one of soothing beauty. Wallpapers of restful colours represent such tranquilising scenes as philosophic mandarins fishing in untroubled waters under graceful bird haunted trees. Banisters and other fittings are obviously of bamboo—till one touches them and finds they are of iron. From exquisitely painted ceilings, one showing a blue sky dotted with delicate cirrus clouds, hang heavy chandeliers shaped like lotus flowers apparently suspended on chains of sparkling crystal.

The lotus forms a *leit-motif* in this architectural symphony. Here a golden stool, there the back of a settee, take the shape of a lotus. It must have been a severe test in deportment for Regency ladies to arrange themselves gracefully on such slender furniture. Imitation snakes, dragons and similar creatures abound, in every possible and impossible spot. Not being noted for sobriety, men who drank within those walls must have had strong heads.

Every ceiling is supported by round pillars with clusters of broad tapering leaves at the top like plantain trees—even in the Grand Kitchen, hung with imitation carcasses.

Before the great stove, apparently glowing with live coals, an ingenious

mechanical spit ceaselessly turns. On vast dressers are gleaming copper saucepans, frying pans, omelette pans, sauté pans, stewpans, fish kettles, soufflé dishes, aspic, blancmange, and jelly moulds, pudding, pastry and patty tins. On the lower shelves are kegs for cooking wines and barrels for beer to sustain the cooks who sweated between the stove and a huge hot plate heated by fires.

I was unable to see the famous Banqueting Room as it was being prepared for use that evening. The official guide expressed his opinion that the stipulated time of 12 hours is unnecessary for the task. I suspected that he was biased by professional irritation at being prevented from showing off this magnificent apartment; for I learned on unimpeachable authority that 12 hours is not a moment too long to deck the tables in true Royal Pavilion style.

The Music Room of the Royal Pavilion assumes new significance when we learn that Queen Victoria and Jenny Lind sang therein; that there was danced the first waltz; that there the great Rossini conducted a concert before George IV. There, while the renowned tenor, Kelby, was singing, his lovely little daughter hid behind the orchestra till the king caught sight of her, called her forth and held her on his knee—thus proving that "the first gentleman of Europe" was no mere courtesy title.

This personal atmosphere increases as we go further into the royal apartments. In the Drawing room are carpets which have been trodden by such celebrities as Sheridan and Byron; a spinet, harp and chess table which must have solaced the king's leisure. On a writing table in the library is a golden model of a pagoda which turns out to be a pen tray with a drawer for sand to serve as blotting paper, and a lilliputian ink bottle. What looks like a little chest of drawers for writing materials proves to be a disguised decanting cabinet. There is a large globe which must have been twirled by the king's fingers.

In the king's bedroom is interesting furniture such as a big folding dressing table with receptacles for wigs, powder,

(Concluded on page 22)



# PERSONALITY PARADE

## 'Pop' Music and Cartoons Keep Michael Busy

**T**HERE'S never enough time in the day for me!" Usually that is the exclamation of the busy working man trying desperately to fit in all his activities. The young man who made that remark, however, has no job and stays at home during the day. He is Michael Solomons, a 25-year-old severely handicapped athetoid who cannot walk without an aid, and has speech difficulties.

Yet Michael crams numerous tasks into his day. Up at eight every morning he begins by writing a diary. Then to his drawing pad, where he tries his hand at inventing cartoons and humorous birthday cards or practises drawing, with his ever-patient grandmother as a model. The cartoons are funny with a zany, almost grotesque, humour.

The rest of the day is taken up with composing and writing melodies and lyrics and Friday mornings bring the music lesson.

Twice a week he goes to clubs, the Association for Jewish Physically Handicapped, where he paints, and the Old Willesdonians. Painting, however, proves rather laborious and takes him too long.

From the age of 13 until 16 Michael

attended a school for handicapped boys at Pinner. Later at Queen Elizabeth's Training College he took a year's course.

Following this training he went to Coombe Farm for two years but Michael's great desire for independence was asserting itself. He left Coombe Farm and returned home to live with his family—a warm friendly family where the figure of the grandmother gently dominates the home and the father, mother and three sisters, all younger than he, are very loving.

As a troop leader in a scout group Michael had obtained a proficiency badge for art and later had become interested in music, composing popular songs in tonic sol-fa until on a friend's advice he took music lessons. After two years of study he is now able to read and write music although he can only play the piano with one finger. *It is through his music that Michael feels that one day he may be able to become independent.* As soon as he thinks of a good melody he writes it down and it is not for want of trying that his tunes are not published. "I have had rejection slips from all the best people," he laughs.

Michael's proud moment came, though not in connection with music, when he was introduced to Mr. Anthony Armstrong-Jones, at the Ceylon Tea Centre. An example of his drawing has been on show at an exhibition of work by youth club members.

In the short time we spoke together, Michael's pleasant personality, full of humour, expressed itself. This is the age of go-ahead youth—the time when the young defy the stuffiness in their elders. Michael Solomons, despite his handicaps, can easily take his place among his energetic contemporaries.

M.G.



## BUILDERS IN SWANSEA

"And he who gives a child a treat  
Makes joy bells ring in Heaven's street,  
And he who gives a child a home  
Builds palaces in Kingdom come."

**T**HESE four lines from John Massfield's poem "The Everlasting Mercy", quoted by Councillor Percy Morris, J.P., president of the Swansea and District Spastic Association, in the second year book, sum up the wonderful work being done for spastics by members of the Association, their friends and helpers.

At the work centre at Longfields, West Cross—to quote the publication—"the standard of work has been so high that many visitors are frequently lost for words as they gaze on the varied and useful articles which have been produced." Up to the end of March of this year, 17 different articles were produced at the centre and over 2,600 were sold.

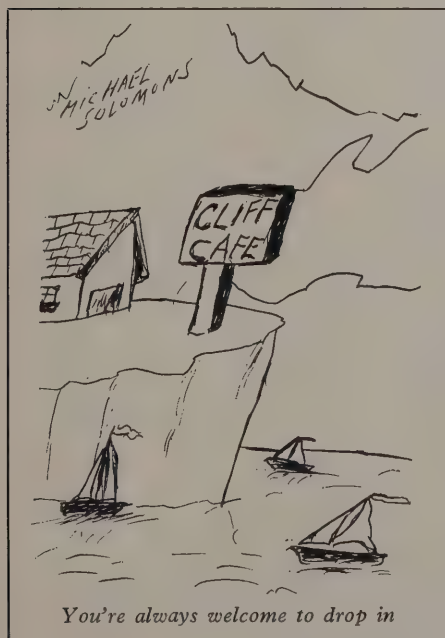
And a new venture at the centre is also producing good results. The Association has set up a printing department for which 71-year-old retired master printer, Mr. T. Norman Williams, and his former colleague, Mr. Bill Paton, hon. secretary, are responsible. "The success of this venture has been rewarding to say the least," states the report. "Two of the trainees have, thanks to the expert tuition, friendliness and understanding of Mr. Williams, been able to turn out some excellent work during the two days a week allocated to them."

There are now 16 children, ranging in age from 3 to 15, in attendance at the Longfields Spastic Nursery where they are being given "a life on the same level as their more fortunate little friends."

The Association's organised events have also proved successful. For the year ending March, 1961, the figure of £2,106 16s. 1d. was realised—a flag day alone bringing in the magnificent sum of £626.

Says Councillor Morris: "Our task is incomplete, and we still need funds to extend training facilities, improve existing accommodation, and cater for a larger number of children to help them achieve a measure of independence which will add zest to their lives and make them supremely happy (to say nothing of the parents' unspeakable joy when they see their children develop on normal lines)."

With such a vigorous and far-seeing organisation behind them, Swansea spastics can look forward to many years of happiness.







## EMPLOYMENT CORNER

We are pleased to report that several more of our young people are occupying themselves profitably, not always from a purely financial angle, but certainly from the point of view of taking their place in the world.

**Christopher Denny**, of **Ipswich**, after taking the Further Education Course at Colwall Court, Bexhill, has now started work with a local engineering firm.

**Anthony Earle**, from **Basingstoke**, has recently obtained employment in the despatch department of a large store.

**Sylvia Farley**, of **Manchester**, has been accepted for training at the William Turner Work Training Centre at Stockport.

**Stephen Gordon**, of **New Crofton**, has found a job as lift attendant in a Wakefield stores.

**Josephine Hallam**, of **Leeds**, who attended our assessment course at Irton Hall, is now training as a knitting-machine operator.

**Dennis Houghton**, of **Chesterfield**, who also came on an assessment course, has been accepted for training in a school at Leatherhead.

**Michael Lock**, from **Reading**, has been accepted for the sheltered workshop at Enham Alamein.

**Irene Macdonald**, of **Drybrook, Gloucester**, is taking a course at the William Turner Work Training Centre at Stockport.

**Julie Maguire**, of **Sheffield**, has obtained work in a self-service grocery store.

**Anthea Penfold**, from **Woking**, who has just completed her schooling at Thomas Delarue School, is now doing clerical work locally.

**Eveline Rhodes**, from **Selsey**, who attended our last assessment course in Devon, has moved up to London and is working at a bag manufacturers sorting and inspecting.

**Elin Mai Roberts**, from **Wales**, is also training at the William Turner Work Centre.

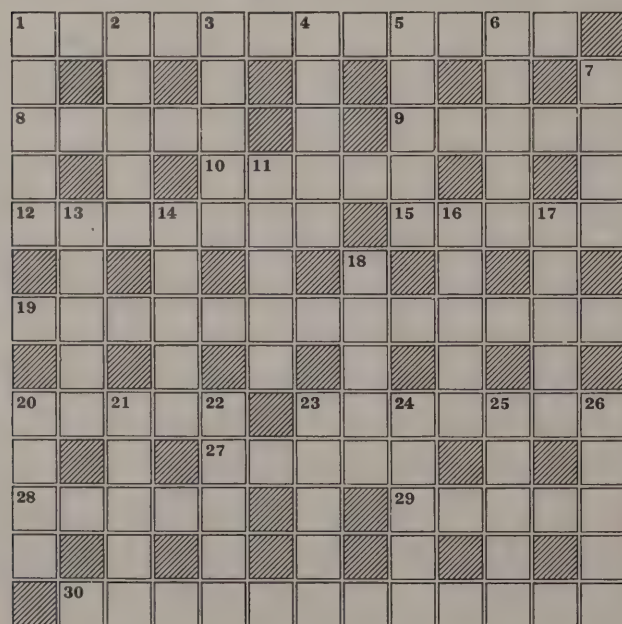
**Malcolm Shields**, of **Ashton-under-Lyne**, is taking a three months' course at an art school. This may be extended if he shows promise.

**David Tennant**, from **Aberdovey**, is working in the gardens of a hospital in North Wales.

**Ann Took**, of **Battersea**, has obtained a position in the head office of the Baptist Union.

**Barbara Westwood**, from **Broadstairs**, who has just left Thomas Delarue School, and who attended our last assessment course, has been accepted for a trial period at a children's convalescent home.

## CROSSWORD PUZZLE No. 17



### ACROSS

1. Relieved of something more than an evil spirit, no doubt. 12.
8. The shadow of one's former self. 5.
9. An instrument among Bottom's band. 5.

10. Fine and dandy when Eve stays around! 5.
12. Mistress of Cobweb, Peas-Blossom, and Mustard-Seed. 7.
15. Balk like a Scottish horse. 5.
19. Trade followed by 9. 7-6.
20. Pip, pip, pip! 5.
23. Bulge that entails some re-arrangement. 7.
27. Shell splinter discovered in the banana cream. 5.
28. It bobs about between the swallows as it were. 5.
29. Turn in Eva for a simple exchange. 5.
30. Let it set and there'll be pippins a-plenty. 5, 7.

### DOWN

1. Dressed in the manner of Chaucer. 5.
2. Tinker friend of 9 and 20 dn. 5.
3. Infrequent contrast. 5.
4. Island of refuge for R.L.S. 5.
5. Comparatively without risk. 5.
6. Successfully take evasive action. 5.
7. A pound of coppers so to speak. 4.
11. Wives too have their confused opinions. 5.
13. Soames first wife. 5.
14. Sickened of a warped ideal. 5.
16. Perhaps this explains French apathy. 5.
17. Bows back as it were. 5.
18. "Thanksgiving, like ambassadors, cabinet-officers and others . . . ed  
With political ointment," Ogden Nash. 5.
20. Comfortable companion for 2 and 9. 4.
21. Furnish out of pique. 5.
22. "And shining morning face, creeping like . . .  
Unwillingly to school," A.Y.L.I. 5.
23. Clean up the undergrowth. 5.
24. Fast in the main but wholly the reverse in music. 5.
25. Here lies a prophet. 5.
26. A measure of heat in the Marines. 5.



# I CAN MANAGE

by Dora Howell



*Dora and Jo cooking on a hike at camp*

## CHAPTER XXII

AT last I was settled in the home in Oxford where at first it seemed as if I was to be happy. Another spastic girl was living there and we became friendly.

At meal-times, however, the patients were made to stay in their cubicles; the loneliness was terrible to me and as time went on I began to feel I couldn't bear it. With the warmer weather we were allowed to spend more time in the garden and I was able to push my spastic friend about in a chair. At last I began to feel very well and consequently happier but there were still times when I felt very lonely and far away from everybody.

One afternoon during a stay in bed because of a bad cold the Sisters announced that there was a gentleman visitor to see me. Thinking it was one of my brothers, I became very excited, but when he came in I saw it was a stranger. He came straight to me offering a friendly hand. "I'm from Toc H," he said, "a lady I visited downstairs said you needed a visitor. I hope I can be of some use as we haven't a lady visitor available at present." Delighted and grateful I immediately gave him a job writing letters. He proved to be a great friend helping me through many difficulties and introduced me to many new friends who made my life much happier.

My spastic friend and I became very fond of each other and I felt God had given me a new sense of usefulness in making this girl happy. This helped both of us, but soon I was told by the Sisters that I was spending too much time with her and becoming too fond of her. To prevent this they put me at the top of the house amongst the old ladies. Broken hearted, my friend told the Sisters that God was Love and I had been doing His work, but the Sisters were annoyed and said, "This does not mean sitting together and holding hands. It doesn't look nice." This made me smile, as my poor friend literally could not move hand nor foot so that holding hands was quite out of the question! Long weary dull weeks and months passed by, and they only allowed me to have tea with my friend twice a week on condition I went to chapel beforehand!

On Good Friday a friend came to take us for a drive. Although I was doubtful whether this would be allowed, we managed to get permission and spent a lovely day in the country.

Winter descended on us all too quickly; I had to spend most of my time upstairs. Oh how I dreaded it! Everyone was self-centred and miserable there. The oldest occupant

was 92 years' old and did not understand my high spirits. The windows were bare. Over the place where the fire should have been there hung a very depressing carving of the crucifixion. I used to sit and shiver in my corner; the winter was very hard that year. Eventually I could hardly walk across the room for cold.

The only thing that kept me sane was a small radio set which my brother had given me. I was very depressed and began to feel ill. Now and again I was kept in bed, but most of my suffering I kept to myself.

## CHAPTER XXIII

EASTER came round again. Now I was too ill to walk at all—worse still, no food nor water would stay inside me. When my sisters came to see me they were shocked but when they reported this to the Boss she said casually, "There's not much wrong with her, she has played up several times." My sisters demanded to see a doctor and he diagnosed acute gastritis. The next day, however, I was forced to get up and go to chapel. Naturally I became terribly sick there and was hustled back to my cubicle where, left in a chair in a disgusting state, I eventually fainted in the chair. On the Sisters' return I was put to bed and made to eat chicken broth, but it refused to stay down. One of the Sisters bending over me remarked, "Oh how repulsive!"—to me a very hurtful statement as I had always tried to keep myself clean. Alone in my cubicle I prayed to die.

The night was fairly quiet, but at six next morning I awoke feeling even worse and tried to call out—the effort resulted in a haemorrhage all over the bed. I can vaguely remember somebody washing me and speaking kindly but I was too ill to bother with anything, sure now that I was going to die.

I was admitted to hospital, had a blood transfusion and fixed up with a milk drip. As time passed I began to eat and grew stronger and felt generally much happier, revelling in all the kindness I was receiving. It had been three years since I had walked, the doctor's explanation being that this was due to some kidney trouble and the cold in the Home.

It was decided to remove the kidney and a transfer was arranged to another hospital in order to improve my health, prior to operating. There came one set-back, however, a spinal abscess, and I was transferred to the general hospital again. Before that I had begun to walk—now I was back again. What was the use? I screamed with pain when I was



laid on the X-ray table and cried and cried, but the next thing I knew the operation for the abscess was safely over. Receiving every care, I was kept in this ward for a fortnight.

#### CHAPTER XXIV

**G**RADUALLY my strength returned but the wound would not heal. I was allowed to resume my old routine with visits to the physiotherapy department and was given every encouragement by the staff. Just when I was beginning to feel fairly well, they said I was to have a blood transfusion. That meant I was being prepared for my kidney operation. The sight of the apparatus made me feel rather nervous. "Come on it's not like you to be afraid," encouraged the nurse. The patient in the next bed to me remarked that I reminded her of a little angel. "H'umph", I replied, "I thought I might be one soon. If I'm lucky." But I was not so sure now that I wanted to die while everybody was so kind.

I was readmitted into the same ward and received with all kinds of pleasure. When a form was brought for me to sign, I asked if it was my death warrant. One of the nurses answered seriously, "Oh no, this is only to see whether your kidney is fit for cooking yet," and then explained the reason for my signature. During the afternoon the hospital chaplain came along saying he had had a message about me and would I be happy to allow him to anoint me? He gave me such confidence and after a chat said, "Don't be afraid, remember whatever happens God will be with you." That same evening the ceremony was performed taking a load from me. Now my heart was happy and carefree.

Operation "K" day arrived. I was prepared and taken to the theatre. All fear had left me, my thoughts were centred around the kindnesses of my friends. Soon I found myself waking from a happy sleep in my own bed. Sister and doctor were waiting beside me. "Is it all over?" I asked sleepily. "Yes," they smiled, "You will soon be well."

As the days passed by I felt very ill and the pain was almost too bad to bear. At times I wished I hadn't had the operation, yet I had beautiful flowers from numerous friends sent to me.

Many happy weeks later I was able to be up all day, my back was healing up beautifully though still painfully thin. The time drawing near for my exercises to begin again, I was helped in every possible way. One morning I surprised the head physiotherapist and my doctor by getting off the couch, holding on to the edge and standing up. They all cheered me and said I should soon be running in a race.

Nevertheless although I tried my hardest I did not seem to make enough progress. Strength was slow in returning and at times I wondered if I should ever get really strong.

The doctor eventually prescribed a change and a holiday. Asked where I should like to go, my answer was ready. "Hove or Brighton"—the air there had always helped me. A nursing home near the sea at Hove was found for me. I would be going in ten days which meant I could have my birthday party at the Oxford hospital.

Two friends visited me on my birthday but when they heard Sister had prepared a party amongst the patients their faces fell—they had arranged a surprise party for me at their home, asking my three sisters and some personal friends, including Vi.

After speaking to Sister they came back all smiles. "You can have your proper birthday with us," they cried, "and another one in the ward on Monday." How excited I felt.



*Dora and  
friend  
Betty at  
St. John's  
Home, 1955*

At last the happy day arrived; I was awakened by nurses singing "Happy Birthday to you". Each had a gift for me. I was too excited to open my parcels, what with the patients all saying, "Happy Birthday" and sending gifts. I began to cry with happiness, "I don't deserve it," I declared. Sister laughed, "Oh, go on you are only fishing!"

Dressed and ready I was taken in a wheelchair to the taxi. Sister presented me with a large bunch of bronze chrysanthemums, saying, "These are from the night staff and doctor, and pinning a pink carnation in my buttonhole she announced, "This is from the Houseman, Doctor Hughes." I felt like a princess as I was helped into the taxi.

At the gate of her bungalow my friend was waiting for us. Inside another pile of birthday cards awaited me. There were also parcels from various friends, known and unknown, including a new frock and silver chain from my hostesses. My two sisters, Ada and Nellie arrived, and were pleased to see me looking so much better.

Then we went into dinner. Later on more friends came for tea and this time the table looked lovely, laid with white linen cloth, silver and glasses; each table napkin contained a small posy of flowers and in the centre stood a huge white birthday cake, decorated with pink letters saying "All happiness for Dora's fiftieth birthday". The table looked even more beautiful with coloured jellies to decorate it, and crackers and flowers beside each plate. I was too excited and tired even to be clumsy!

The next day my ward party was fun and went off well. The dietician had made a lovely iced cake without fruit.

Now that my birthday festivities were over, I looked forward to my promised holiday.

#### CHAPTER XXV

**T**HE holiday home was a very friendly place. The Matron, a large woman with a happy face, was far more homely than I had imagined any matron could be. I was taken out for long rides along the coast in a car, and generally very well treated. In such manner the holiday passed very quickly and happily. The sea air always helped me to walk, but I had never had the chance to stay in it for a long period. I had



learned to be thankful for small mercies and knew that all good things came to an end.

Eventually as my progress became more evident I was moved to another hospital called Rivermead, which was a converted house for patients in need of a permanent home.

At Rivermead everyone took a kindly interest and I was made to help myself. On the first Sunday the Sister took me to church. Overjoyed, as I had not been for a long time, I began to cry. How much like home this was! I remember the last hymn was "Lead Kindly Light" and I felt all around me people were really trying to do their part. Later Sister reappeared to take me back. Asking if I had enjoyed it, I breathed gratefully, "I can't tell you how much." She put her hand over the chair to clasp mine, just like my mother used to do. "I'm so glad we are making you happy. It is what we want to do, but it is you who are helping us."

For a long time I had wanted to write a book of my life and had got as far as writing and selling a few poems. I was determined to make a start with the book, but realised that the beginning would be the hardest part.

One morning a new patient, an old friend, Vera Burgess, came, and I told her about my idea. Vera's eyes sparkled. "Perhaps I can help you," she offered. That night I went to bed happy in the knowledge that my book would be written for me. Vera had the same faith as I had, as she had also suffered a serious disability. These things, hope and sympathy bound us together in a common cause.

The next day Vera and I were taken into the garden together and we began my book. I tried to dictate from memory and Vera tried to write it down. This task proved very difficult as my speech was bad and Vera was not quite used to my method of dictation, so that we both became exhausted very quickly. Neither of us would give in—we had started and we would finish! Day by day we continued our work. Time was running along and Vera would soon have to return home.



*Dora enjoys herself in the camp pool*

Then it was arranged for Vera to come one day a week to continue the work. Every Monday she arrived. At times I felt I could not go on, but every time I was encouraged. Sometimes we thought of the work as a pleasant pastime if nothing else. By now I was beginning to walk quite well and the dictation helped my speech.

## CHAPTER XXVI

**T**HIS year I decided, my guide friends would get a shock!

It was two years since I had been to camp and the last time I had been carried in very weak before my kidney operation. Now I was much better and could feed myself and walk. When I eventually arrived, everyone was pleased to see me and opened their eyes in astonishment. The C.O. asked me a vital question, "Are you happy?" My face told that tale! I looked around at all the severely handicapped people there and thought how lucky I was. I thought of the first time, five years ago, when I had first visited the camp. The apprehension I had felt at seeing the suffering of the handicapped, but in a few days we had all been talking and joking with a complete lack of self-pity or self-consciousness; of our sports' day and of being taken to a bathing pool. I had wondered how they would ever get all the handicapped in, and I was amazed at the ingenious contraptions fixed up. This year I was anxious to join in everything.

But like other good things the camp soon came to an end and I returned to Rivermead dreaming about my next visit.

I had been given the privilege of a separate room with a wash basin, as I was considered able enough to enjoy this. The first night Sister wheeled me over to my room. On the way over across the garden she asked casually, "How long is it since you slept in a room by yourself?" I replied, "About thirty years, Sister." "Oh," she said, "I hope you won't be crying for your mummy in the night!" How marvellous it was! I could wash when I liked *and* wash my smalls. Wasn't God good to me? As time went on everyone laughed at me with my Persil and my mop. Sister looked in every morning and asked if I had done my chores. It was really like home to me. The spiritual strength helped me to overcome many physical handicaps and depressions.

My first Christmas at Rivermead came and went—the happiest I had spent since I had left home. I had sold several of my poems in aid of Rivermead Christmas Fair and organised a raffle, which enabled me to give everybody a gift.

The following year at the holiday camp I was enrolled as a guide. On the day of the ceremony I felt how proud my mother would have been. Allowed to choose the first hymn, I asked for *Fight the Good Fight*. I was a Guide.

Another happy year went by, during which time I earned the nickname of "I can manage." The time was drawing near when my future had to be considered. The doctor and I had a good chat. "I don't want to leave my happy home," I announced. "But if I must, I should like to have a room with an able companion, as I dread the thought of another institution where visitors often remark loudly that I am 'not all there' because of my clumsy actions and rather loud voice."

Nothing as yet has been decided, but I must leave the future as I have always tried to do "In God's hands."

*(Concluded)*

Don't forget to buy your Christmas Cards  
this year in aid of spastics.

*Illustrated leaflet available*



## Group Alterations

### New Officials:

#### BEDFORD & DISTRICT

##### Treasurer:

Owing to the death in August of Mr. L. W. Bond, all correspondence to the Treasurer Should be addressed to the Secretary, Miss A. E. Kidder, until further notice.

#### SOUTH EAST SURREY GROUP

##### Treasurer:

MR. BASHFORD,  
101 Lesbourne Road,  
Reigate, Surrey.

### New Affiliations:

#### EXETER & DISTRICT SPASTICS SOCIETY

##### Chairman:

C. VRANCH, ESQ.,  
21 West Avenue,  
Pennsylvania, Exeter.

##### Secretary:

MRS. K. VRANCH,  
21 West Avenue,  
Pennsylvania, nr. Exeter.

##### Treasurer:

I. DOBLE, ESQ.,  
"Tiptoes",  
Barley Lane, Exeter.

#### YEOVIL & DISTRICT SPASTICS WELFARE SOCIETY

##### Chairman:

W. J. ENGLISH, ESQ.,  
91 Mudford Road, Yeovil.

##### Secretary:

S. G. BAKER, ESQ.,  
3 Pen Hill, Yeovil.

##### Treasurer:

D. P. BONNER, ESQ.,  
137 Mudford Road, Yeovil.

##### Asst. Secretary:

MRS. E. SPEARING,  
14 Chilton Grove, Yeovil.

### Change of Address:

#### SLOUGH & DISTRICT SPASTICS WELFARE SOCIETY

##### Secretary:

D. L. P. HOUGHTON, ESQ.,  
8 Bath Road,  
Slough, Bucks.

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### Classified Ads.

#### PEN FRIENDS

Miss J. Taylor, the speech therapist at the Pretoria Cerebral Palsy School, Dr. Savage Road, Pretoria, Republic of South Africa, writes saying that there are a number of children in the school aged between 12 and 19 for whom she would like to obtain pen friends in this country.

Would any young person interested in having a pen friend please write direct to Miss Taylor.

#### THE ROYAL PAVILION

(Continued from page 16)

pomatum, and other toilet requisites of Regency bucks. In a recess stands his fourposter bed with yellow canopy and valences. After explaining that upstairs the king housed his expensive and more or less valuable collection of beautiful ladies, the guide drew attention to an inconspicuous door giving onto a little spiral staircase by which those ladies were wont to visit their sovereign. Clearly, no contingency was overlooked in planning the Royal Pavilion.



# N.S.S. Regions

## Disposition of the Groups

### Chief Regional Officer

(A. M. Frank, M.C., M.A., 12 Park Crescent, London W.1)

### Eastern Region

(Harry G. Knight, 58 Park Road, Peterborough, Northants.  
Tel: Peterborough 67045)

Chesterfield and District Spastics Society  
Corby and District Spastics Society  
Derby and District Branch of NSS  
Grimsby, Cleethorpes and District Spastics Society  
Ipswich and East Suffolk Spastics Society  
Leicester and Leicestershire Spastics Society  
Lincoln Branch  
Mansfield and District Friends of Spastics Group  
Norfolk and Norwich Spastic Association  
Northampton and County Branch of NSS  
Nottingham Friends of Spastics Group (Sub-Committee of Nottingham District Cripples Guild)  
Peterborough and District Spastics Group  
Scunthorpe and District Spastic Society  
Stamford and District Branch of NSS

### Midland Region

(Officer to be appointed in 1961)

Cannock Chase Spastic Association  
Coventry and District Spastics Society  
Dudley and District Spastic Group  
Ludlow and District Spastics Group  
North Staffordshire Spastic Association  
Shrewsbury and District Spastics Group  
Stafford and District Spastic Association  
Worcester and District Branch of NSS

### North Eastern Region

(Roland J. F. Whyte, N.S.S. Trevelyan Chambers, 7 Boar Lane, Leeds 1. Tel: Leeds 33933)

Barnsley and District Association of the NSS  
Bradford and District Branch of the NSS  
Castleford and District Spastics Committee  
Darlington and District Spastics Society  
Dewsbury and District Spastics Society  
Goole and District Spastics Association  
Halifax and District Group of the NSS  
Huddersfield and District Spastics Society  
Hull Group, The Friends of Spastics Society in Hull and District  
Leeds and District Spastics Society  
Pontefract and District Spastics Association  
Rawmarsh and Parkgate Spastics Society  
Sheffield and District Spastics Society  
Sunderland and District Spastics Society  
Tees-side Parents and Friends of Spastics  
York and District Spastic Group

### North Western Region

(Thos. H. Keighley, 20 Brazenose Street, Manchester. Tel: BLAckfriars 6130)

Barrow-in-Furness and District Spastic and Handicapped Children's Society

Birkenhead Spastic Children's Society  
Blackburn and District Spastics Group  
Blackpool and Fylde Spastic Group  
Bollington, Macclesfield & District Group  
Bolton and District Group of the NSS  
Burnley Area and Rossendale Spastics Group  
Chester and District Spastics Association  
Crewe and District Spastics Society  
Crosby and District Spastics Society  
Cumberland, Westmorland and Furness Spastics Society  
Lancaster, Morecambe and District Spastics Society  
Manchester and District Spastics Society  
Oldham and District Spastic Society  
Preston and District Spastic Group  
Sale, Altrincham and District Spastics Society  
Southport, Formby and District Spastics Society  
Stockport, East Cheshire and High Peak Spastics Society  
Urmston and District Group of the NSS  
Warrington Group for the Welfare of Spastics  
Widnes Spastic Fellowship Group

### Northern Home Counties Region

(Robert C. Lemarie, 32 High Street, Watford. Tel: Watford 41565)

Bedford and District Branch of NSS  
Bishop's Stortford and District Group, Herts Spastics Society  
Central Middlesex Spastics Welfare Society  
Clacton and District Group of the NSS  
Colchester and District Group of the NSS  
East Herts Group, Herts Spastics Society  
East London Spastic Society  
Epping Forest and District Branch of NSS  
Essex Group of the NSS  
Harlow and District Branch  
Hatfield Group and District Spastics Society  
Hemel Hempstead and District Group, Herts Spastics Society  
Hitchin and District Friends of Spastics  
Ilford, Romford and District Spastics Association  
Luton and District Spastics Group  
Maidenhead Friends of Spastics Group  
North London Area Association of Parents and Friends of Spastics  
North-West London Group of the NSS  
Oxfordshire Spastics Welfare Society  
Reading and District Spastics Welfare Society  
Slough and District Spastics Welfare Society  
Southend-on-Sea and District Spastics Society  
South-West Middlesex Group of the NSS  
St. Albans and District Group, Herts Spastics Society  
Walthamstow and District Spastics Society  
Watford and District Group, Herts Spastics Society

Welwyn Garden City and District Group,  
Herts Spastics Society  
Wycombe and District Spastics Society

### South-Eastern Region

(J. J. Walch, 55 London Road, Horsham, Surrey)

Bournemouth, Poole and District Spastic Society  
Brighton, Hove and District Branch of the NSS  
Central Surrey Group of the NSS  
Croydon and District Branch of the NSS  
East Sussex Group (Hastings and District)  
Folkestone and District Branch of NSS  
Isle of Wight Spastics Society  
Maidstone Area Group of the NSS  
Medway Towns Branch of NSS  
North Hants and West Surrey Group  
North Surrey Group of the NSS  
North-West Kent Spastics Group  
North-West Surrey Group of the NSS  
Portsmouth and District Spastics Society  
Southampton and District Spastics Association  
South-East London Group of the NSS  
South-East Surrey Group of the NSS  
South London Group of the NSS  
South-West London and District Group of the NSS  
South-West Surrey Group of the NSS  
Thanet Group of the NSS  
Tonbridge Wells, Tonbridge and Area Group  
West Kent Spastics Society—Incorporating Bromley and District Spastics Group

### Welsh Region (including Mon.)

(Brian Kingsley-Davies, Delfryn, Clevedon Avenue, Sully, Glam. Tel: Sully 384)

Cardiff and District Spastic Association  
Colwyn Bay and District Branch of the NSS  
Conway and District Branch of NSS  
Kenfig Hill and District Spastics Society  
Merthyr Tydfil and District Spastics Society  
Pontypridd and District Branch of the NSS  
Swansea and District Spastic Association

### Western Region

(The Secretary, St. John House, Park Street, Taunton, Somerset. Tel: Taunton 81678)

Bridgwater and District Friends of Spastics Association  
Bristol Spastics Association  
Cheltenham Spastics Aid Association  
Exeter and District Spastics Society  
Plymouth Spastic (CP) Association  
Swindon and District Spastic Society  
Yeovil and District Spastics Welfare Society

Jersey Branch of the NSS, Channel Islands





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